



***Governor's Games***  
***JOHN BOYER***  
***Track & Field Championships***  
***June 8<sup>th</sup> & 9<sup>th</sup> 2024***  
***Bobby Nuss Stadium***  
***Chalmette, LA***

**Host: Crescent City Track Club**  
**Dennis Panepinto – Meet Director**

**This meet is sanctioned by The Louisiana Governor's Council on Physical Fitness & Sports.**

**All AAU and USATF members are welcome to participate. Participation is open to all athletes.**

**To view information packet, go to [www.lagovernorsgames.org](http://www.lagovernorsgames.org) or [www.crescentcitytiming.com](http://www.crescentcitytiming.com)**

Each athlete must be registered online at **CoachO.com**. **ONLY MASTER CARD AND VISA CREDIT CARDS WILL BE ACCEPTED for registration. Cash, checks and money orders will not be accepted. NO REFUNDS will be issued.**

**Entry Procedure:** The team coach should enter his athletes, using the on-line registration process.  
7, 8, 9, 10, 11, and 12 year old Divisions may compete in a maximum of 3 events, including relay participation.  
13, 14, 15, 16, 17 & 18 year old may compete in a maximum of 4 events, including relay participation.

**PROOF OF AGE WILL BE REQUIRED IF CHALLENGED**

All participants are required to bring a copy of their birth certificate, driver's license, or other acceptable proof of age.

**Entry Fee: \$25 per Participant (Relays included)**

**Entries: All entries must have seed times. Those times will be used in seeding heats. The top eight times will go to the finals. If eight (8) or less competitors in any semi-final race, it will be run as a final in place of semi-final race.**

**ENTRY DEADLINE IS WEDNESDAY, June 5<sup>th</sup>, NO EXCEPTIONS!!!**  
**NO REFUNDS!**

**Spectator Tickets: \$10 for Adults/\$5 for Children. Cash only.**

**Running Events: Athletes will report to Clerk of Course for check-in. (Clerk of Course may reheat as required to reduce required heats.)**

**Field Events: Athletes will report to event for check-in. Coaches will not be allowed on the track or field event areas once competition has begun.**

**Rules:** The meet will be conducted under the competitive rules of the National Governing Body.

**Protest:** There will be a \$50 cash protest fee. The protest must be in writing (page number & rule) and submitted within 30 minutes of the incident in question.

**Equipment:** Starting blocks will **NOT** be provided and are strictly the option of the individual athlete.

**Spike & Facility Regulations:**

- Acceptable spikes: ¼” pyramids
- Water is the only permitted drink allowed on the track facility.

**Awards:** Each registered athlete will receive a Governor’s Games T-shirt. Custom medals of Gold, Silver and Bronze will be awarded to the top-three finishers in each event. Events will be not scored.

No awards will be mailed out after the meet.

**Cooking:** Cooking is not allowed in the stadium or on the campus. Please don’t bring barbeque pits etc., you will be asked to leave!

**Athlete Check-in:** Packets for teams and unattached participants will be given Friday, June 7, 2024, 3:00 PM – 6:00 PM at the track

Packets may also be picked up at 7:00 AM on June 7, 2024 at the entrance gate to Bobby Nuss Stadium. **You are strongly advised to pick up your packet on Friday night, rather than on Saturday morning!**

**For additional information and meet registration:**

Dennis Panepinto  
Cell: (504) 427-7689  
Email: [coachpanepinto@cox.net](mailto:coachpanepinto@cox.net)

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*From this day forward, this track & field meet will be dedicated in honor of its founder, **John Boyer**. He worked hard to make this meet a competitive outlet for young athletes across the state. We are proud and excited to have the opportunity to continue this meet in his honor. We ask that you take time to remember John during the meet and let your athletes know that someone is cheering for them from above.*

*Thank you,*

# 2024 Governor's Games JOHN BOYER Meet Schedule Saturday, June 08, 2024

## FINAL SCHEDULE

**7 & Under Girls (2016 & later)	11's Girls (2013)	14's Girls (2010)
**7 & Under Boys (2016 & later)	11's Boys (2013)	14's Boys (2010)
8's Girls (2016)	12's Girls (2012)	15-16's Girls (2008-2009)
8's Boys (2016)	12's Boys (2012)	15-16's Boys (2008-2009)
9's Girls (2015)	13's Girls (2011)	17-18's Women (2007-2006)
9's Boys (2015)	13's Boys (2011)	17-18's Men (2007-2006)
10's Girls (2014)		
10's Boys (2014)		

**\*\* 7 & Under Girls & Boys can only run 50 meter, 100 meter, 200 meter.**

SF = Semi Finals                      TF=Timed Finals                      F=Finals

### FIELD EVENTS \*\*

TIME	EVENT	DIVISION	
8:30 am	Long Jump (2 pits)	17-18's (G/B) thru 8's (G/B)	F
	High Jump (1 pad)	9's (G/B) thru 17-18's (G/B)	F
	Javelin (1 runway)	17-18's (G/B) thru 13's (G/B)	F
	Shot Put (1 ring)	8's (G/B) thru 12's (G/B)	F

**\*\*NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

### RUNNING EVENTS \*

**8:30 am**

**This is a rolling schedule**

<u>EVENT</u>	<u>DIVISION</u>			
1500 meter Racewalk	All Divisions (G/B)			TF
3000 meter Run	11's (G/B) thru 17-18's (G/B)			T
800 meter Run	All Divisions (G/B)			TF
100 meter Dash	All Divisions (G/B)			SF
50 meter Dash	7 & under (G/B)			SF
4x200 meter Relay	15-16's (G/B) thru 17-18's (G/B)			TF
400 meter Hurdles (36")	15-16's thru 17-18's (Boys)	10 -- 36"	45m - 35m - 40m	TF
400 meter Hurdles (30")	15-16's thru 17-18's (Girls)	10 -- 30"	45m - 35m - 40m	TF
200 meter Hurdles (30")	13's thru 14's (G/B)	5 -- 30"	20m - 35m - 40m	TF
200 meter Dash	All Divisions (G/B)			SF

**\*NOTE: Some distance races may be combined due to number of participants.**

This schedule is subject to change without notice, depending upon the number of entries received. Be sure to check the revised posted time schedule upon arriving at Bobby Nuss Stadium. Some events may have combined age groups.

# 2024 Governor's Games JOHN BOYER

## Meet Schedule

### Sunday, June 09, 2024

#### FINAL SCHEDULE

**7 & Under Girls (2016 & later)	11's Girls (2013)	14's Girls (2010)
**7 & Under Boys (2016 & later)	11's Boys (2013)	14's Boys (2010)
8's Girls (2016)	12's Girls (2012)	15-16's Girls (2008-2009)
8's Boys (2016)	12's Boys (2012)	15-16's Boys (2008-2009)
9's Girls (2015)	13's Girls (2011)	17-18's Women (2007-2006)
9's Boys (2015)	13's Boys (2011)	17-18's Men (2007-2006)
10's Girls (2014)		
10's Boys (2014)		

**\*\* 7 & Under Girls & Boys can only run 50 meter, 100 meter, 200 meter.**

#### FIELD EVENTS \*\*

TIME	EVENT	DIVISION	
8:30 am	Triple Jump (2 pits)	17-18's (G/B) thru 13's (G/B)	F
	Discus (1 ring)	17-18's (G/B) thru 11's (G/B)	F
	Shot Put (1 ring)	13's (G/B) thru 17-18's (G/B)	F
	Pole Vault	13's (G/B) thru 17-18's (G/B)	F

**\*\*NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

#### RUNNING EVENTS \*

**8:30 am**

**This is a rolling schedule**

<u>EVENT</u>	<u>DIVISION</u>		
1500 meter Run	All Divisions (G/B) (except 7 & Under, & 8)		TF
100 meter Dash	All Divisions (G/B)		F
50 meter Dash	7 & Under (G/B)		F
110 meter Hurdles (39")	15-16's, 17-18's (Boys)	10 - 39" 13.72m - 9.14m - 14.02m	TF
100 meter Hurdles (33")	13's, 14's (Boys), 15-16's, 17-18's (Girls)	10 - 33" 13m - 8.5m - 10.5m	TF
100 meter Hurdles (30")	13's, 14's (Girls)	10 - 30" 13m - 8.0m - 15m	TF
80 meter Hurdles (30")	11's, 12's, (G/B)	8 - 30" 12m - 7.5m - 15.5m	TF
400 meter Run	All Divisions (G/B)		TF
4x100 meter Relay	8's (G/B) thru 17-18's (G/B)		TF
200 meter Dash	All Divisions (G/B)		F
4x400 meter Relay	9-10's (G/B) thru 17-18's (G/B)		TF

**\*NOTE: Some distance races may be combined due to the number of participants.**

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